



ONE-OF-A-KIND FINANCIAL LITERACY SERIES FOR ADULTS

Financial literacy plays a big role in developing and maintaining healthy relationships, especially marriage, which is why Be Strong International also offers our Strong Money Mentality course for adults.



WHY THIS?

Did you know that money is often the most common issue in adult relationships? By gaining skills to empower each partner's knowledge about responsible spending, routine saving and looming debt, couples can improve or fix their relationships with each other and money. Our one-of-a-kind, 90-minute Strong Money Mentality course uses a holistic approach to personal finance that uses real-life situations to help individuals with decision-making skills that affect their choices now and in the future. The course includes the following guidance:

- ✓ Identifying realistic financial needs.
- ✓ Making informed decisions about spending and credit.
- ✓ Dealing with difficult financial situations, like buying a home, renting an apartment, or purchasing a car.
- ✓ Understanding the importance of saving for a rainy day.
- ✓ We also offer two significant sessions called "Healing My Broken Relationship with Money" and "Budgeting 101." These sessions are used to identify everything from negative emotional to everyday patterns related to your personal finance.

Scan to sign up today!



Call us at (305) 969-7829, ext. 106 or email us at strongmoney@bestrongintl.org

